



**National SL/GS Project, Mt. Hood Oregon**  
**June 20 to June 29, 2017**  
**Mt. Hood Oregon**

**Announcement:** Congratulations! By receiving this invitation, you are invited to a National Development project in Mt. Hood this June in preparation for the upcoming 2017-18 season.

**Purposes:**

- Assess the condition of ski racing in the U.S. by bringing together the top performers from YOB 2004 to 2000 and work with USST Athletes and USSA staff.
- Acquaint athletes with the national and regional USSA development staff.
- Focus on the fundamental technical components of SL and GS.
  - high volume; variety of training environments; utilization of terrain

**Staff:**

Chip Knight National Alpine Development Director  
Martin Guyer Eastern Region Director  
Bill Gunesch Western Region Director  
Ian Dunlop Rocky Central Development Coach  
Jeff Pickering Western Region Development Coach  
USST Coaches TBD  
USST Athletes TBD  
Home program coaches TBD (2 per region)

**Selection:** 3 per gender nationally from YOB 2000. Each region has a quota of 2 per gender from YOB 2001, 2002, 2003, and 2004. Any open spots created from declined invitations will be filled by national development coaches' discretion.

Criteria (per gender):

YOB 2000 – NTSM of FIS SL and GS points

YOB 2001 – 1<sup>st</sup> SL at U16 NCs and next-best Overall GS+SL WC points (per region)

YOB 2002 – 1<sup>st</sup> SL at U16 NCs and next-best Overall GS+SL WC points (per region)

YOB 2003 – 1<sup>st</sup> SL at U16 RCs and next-best Overall GS+SL WC points (per region)

YOB 2004 – 1<sup>st</sup> SL at U16 RCs and next-best Overall GS+SL WC points (per region)

**Project Cost:** \$1500.00, not including airfare. **Payment due by May 20, 2017**

Includes lodging, meals, lifts, entries, staff and ground transportation expenses. Please coordinate with your regional staff for travel plans to Portland International Airport. Food on travel days is not included.

**Accommodation:** Collins Lake Resort, Government Camp

**Meals:** Huckleberry Inn, Government Camp



**U.S. Ski and Snowboard Association**  
The National Governing Body for Olympic Skiing and Snowboarding

### **Daily Schedule:**

June 20: Travel: arrive in PDX before 12pm and Government Camp by 3pm  
June 21: SL focused fundamental environments  
June 22: SL focused fundamental environments  
June 23: SL focused fundamental environments  
June 24: SL focused fundamental environments  
June 25: Off  
June 26: GS focused fundamental environments  
June 27: GS focused fundamental environments  
June 28: SL focused fundamental environments  
June 29: SL focused fundamental environments  
Travel: depart Government camp by 1pm and PDX after 5pm

### **Checklist of items to bring:**

- Carry your ski boots and money with you as you travel in case your luggage is lost. Please note that you will be responsible for any overweight or over baggage charges, so pack lightly and come prepared.
- GS and SL skis, helmet, and boots
- Race suit and padding, and back protector
- Full outerwear including rain gear & cold weather gear
- Backpack and water bottle
- Training log: notebook and pen/pencil
- USB/SD thumb drive for video
- Tuning equipment (vices, irons, wax, and tools) – we will provide benches only
- Running shoes and conditioning clothing
- Button down shirt and/or sweater for restaurant dinner
- Good work ethic and a positive attitude

## **Invited Athletes**

### **Women**

Jewett, Abi	2000
Trudeau, Brianna	2000
Hall, Emma	2000
Spear, Ella	2001
Holm, Olivia	2001
Bell, Reece	2001
Gayer, Maddox	2001
Hitchcock, Brynne	2001
Rathfon, Allison	2001
Zimmermann, Zoe	2002
Castner, Haley	2002
Frischholz, Berit	2002
Rountree-Williams, Nicola	2002
Sullivan, Georgie	2002
Neu, Aliza	2002
Beyer, Tess	2003
Lathrop, Chloe	2003
Romanov, Dasha	2003
Hoyt, Taylor	2003
Bocock, Mary	2003
Kaiser, Marit	2003
Garfield, Phoebe	2004
Bouvier, Rylee	2004
Moritz, Liv	2004
Pavelich, Robin	2004
Grossman, Saba	2004
Blackburn, Jessica	2004

### **Men**

Palchak, Cole	2000
Seymour, Trey	2000
Bocock, Scott	2000
Bamber, Moro	2001
Coughlin, Patrick	2001
Kinsella, Kellen	2001
Nelson, Isaiah	2001
Snyder, Bennett	2001
Harrison, J Bridger	2001
Parys, Maxx	2002
Kearing, Luke	2002
Richeda, Nicolas	2002
Reich, Jack	2002
Louchheim, Carter	2002
Parazette, Oliver	2002
Dewey, Gavin	2003
Holm, Erik	2003
Berghult, Adam	2003
Puckett, Cooper	2003
Turner, Teagan	2003
Sarchett, Ryder	2003
Lathrop, Tiernan	2004
Sweeney, Nolan	2004
Kohlhofer, Sebastian	2004
Roach, Hunter	2004
Mikell, Townsend	2004
Roth, Jason	2004

**Project Policy:**

Parents and athletes, please review the USSA Team Agreement carefully prior to signing. Be aware that failure to comply with the team rules, including any of the points below, will result in the athlete being sent home immediately:

- Possession or use of illegal drugs or alcohol.
- Violation of 8pm room curfew without a coach's permission or other valid reason.

Participation in this National Development event is an honor that the athletes have earned through hard work and the support of their families. USSA seeks to provide the athletes with an opportunity to compete with their peers from across the country in a safe environment. Compliance with the code of conduct is expected and will be enforced.

**Documentation:**

Please return forms as soon as possible after nomination to your respective regional contact:

WR: Gwynn Watkins – [gwatkins@ussa.org](mailto:gwatkins@ussa.org)

RC: Darlene Nolting – [dnolting@ussa.org](mailto:dnolting@ussa.org)

ER: Martin Guyer – [mguyer@ussa.org](mailto:mguyer@ussa.org)

**Questions:**

Any further project questions should be directed to the regional team captains:

WR: Bill Gunesch – [bgunesch@ussa.org](mailto:bgunesch@ussa.org)

RC: Ian Dunlop – [idunlop@ussa.org](mailto:idunlop@ussa.org)

ER: Martin Guyer – [mguyer@ussa.org](mailto:mguyer@ussa.org)

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Mt. Hood Oregon

Athlete name: \_\_\_\_\_

Athlete email: \_\_\_\_\_

Athlete cell: \_\_\_\_\_

Coach: \_\_\_\_\_

Parent's email: \_\_\_\_\_

Telephone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Contact #: \_\_\_\_\_

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INVOICE

Name \_\_\_\_\_

Project: National SL/GS Project      Account No.      5910-7121

Total Cost      **\$1500.00.00 – due by May 20, 2017**

Please use online payment and pay with credit card. Instructions below. When you search competitions please select Intermountain as the division in the search box.

**Please Complete the following forms:**

- National Development Medical Release
- National Development Team Agreement
- National Development Hold Harmless and Indemnity Agreement
- Timberline Waiver <http://goo.gl/12ilpq> use link to complete

**Email your forms and travel plans to your regional contact:**

WR: Gwynn Watkins

Email: [gwatkins@ussa.org](mailto:gwatkins@ussa.org)

Tel #: 435-647-2070

RC: Darlene Nolting

Email: [dnolting@ussa.org](mailto:dnolting@ussa.org)

Tel #: 435-640-8510

ER: Martin Guyer

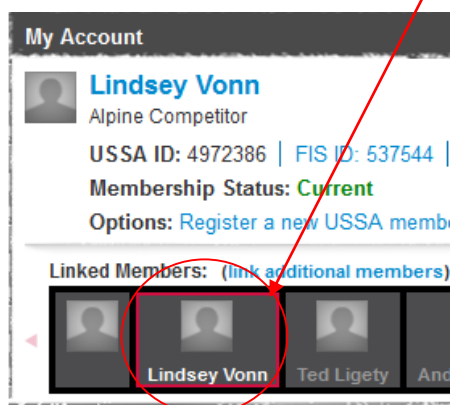
Email: [mguyer@ussa.org](mailto:mguyer@ussa.org)

Tel #: 435-565-0236

## Online Athlete Event Registration Instructions

Online Athlete Event Registration is accessed through the My USSA portal.

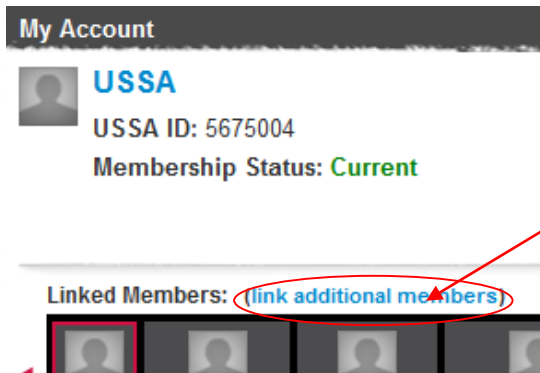
1. To login to My USSA Go to <http://my.ussa.org/myussa> and login using your normal My USSA login.
2. You will want to make sure the athlete that is being registered is linked to the account you use to log in. If your athlete(s) is not linked to your account, you can use their account, or link them to your account by clicking on ([link additional members](#)) in the top box. For more information on Linking an Athlete, see below.
3. Once logged into My USSA, choose the Athlete to be registered. This is done by clicking on an Athlete in the Linked Member Box:



4. Now select **01 Athlete Event Registration** in the toolbar. The Athlete Event Registration icon does not show up until an athlete has been selected. If your athlete is not linked to your account, or the Athlete Event Registration tool does not show up when you select the athlete, please follow the Linking an Athlete Instructions at the bottom of this sheet.
5. Once in the Athlete Event Registration System you will see information about the competitor, any competitions they are currently registered for, the ability to search for competitions and Your Cart:
6. To add a competition, select **Add Another Competition** or on the side bar, **Search Competitions**. You need to select Intermountain in the search box for the division. You can limit the search by Start Date, Sport, Division and Resort, and select **Search Competitions**. All currently sanctioned events that the competitor is eligible for will be displayed. If a competition is using USSA Online Registration, then the Competition will have **Add to Cart**. To see who is already registered, select [List of registered athletes \(0\)](#). Once all events have been registered for, View the Cart or Checkout.

## Linking an Athlete

Once you have logged into MyUSSA, if the athlete you need is not linked to your account, or if the athlete is linked but the Athlete Event Registration icon does not appear when they are selected, then the athlete needs to be linked. To link an athlete, click on "link additional members"



Now just fill out the information and click Link Membership Account. If someone is linked twice, then you Remove Association on the right of the page to unlink the older link of the member.

A screenshot of the 'Link Member Account' form. The form has a blue header with the text 'Link Member Account'. Below the header, there are three input fields: 'Member Last Name:', 'Member USSA ID#:', and 'Member Date of Birth:'. The 'Member Date of Birth:' field is a date picker with three dropdown menus for 'Month', 'Day', and 'Year'. At the bottom of the form, there is a red button with the text 'Link Membership Account'.

If you don't have a member linked to your account, you will have a page displayed as below. If you want the member to be the primary member of the account, then make sure the name is selected as below, otherwise use the default and the member will be added to the list of members.

## Primary Member Account Linking

### Link Member Account To My USSA Account

Based on the information you have submitted, we have determined that the following Member account could be yours. We strongly recommend that you link your Member account with your My USSA account. In doing so the below Member account will be the primary account linked to your My USSA account.

USSA ID	Name	Birthdate
<input checked="" type="radio"/> 6440556	J J Ehlers	Apr 19, 1961
<input type="radio"/>	Link the above Member account as an additional Member account instead of a primary Member account.	

**Finish Linking Account**

To return to you home page, click on the "[Return to My USSA](#)" Link near the top left of the page. Now you should be ready to use Athlete Event Registration.



**USSA National Development  
2017-2018 Medical Release**

Athlete Name \_\_\_\_\_ Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Birth Date \_\_\_\_\_

E Mail \_\_\_\_\_ Cell Phone \_\_\_\_\_

Parent \_\_\_\_\_ Parent \_\_\_\_\_

Cell Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Home Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

E Mail \_\_\_\_\_ E Mail \_\_\_\_\_

**Insurance Coverage**

Company \_\_\_\_\_ Identification # \_\_\_\_\_

Policy Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Athlete Social Security \_\_\_\_\_ Name of Policy Holder \_\_\_\_\_

Policy Holder SS# and Birth date \_\_\_\_\_

(Need this information for a hospital or doctor's office to make a claim to an insurance company after treating the athlete)

**Medical History**

Allergies \_\_\_\_\_

Medication \_\_\_\_\_

Impact Baseline Test Date and Location \_\_\_\_\_

Current injuries or Medical problems \_\_\_\_\_

**Athlete Medical Release**

Athlete or Parent, if Athlete is under the age of 18 years, hereby authorizes USSA Staff to secure hospital, medical, surgical and dental care or treatment and/or procedures for the above named athlete. Parent also consents that in the event of injury to the athlete; coaches can authorize that athlete to receive care, treatment and/or procedures, under the instructions and directions of the licensed physicians on call at the emergency room of the nearest hospital or emergency facility. USSA shall notify Parent at the earliest possible time before, during or after such care, treatment and/or procedures are authorized. Parent knowingly and voluntarily consents in advance to such care, treatment and or procedures to encourage the physicians and USSA to exercise their best judgment as to the requirements of such care, treatment and/or procedures. Parent specifically holds harmless and indemnifies USSA of and from any and all costs and/or claims of any nature arising out of the provision of such care, treatment and/or procedure.

Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**USSA National Development  
2017-2018 Team Agreement**

**Team Rules**

Members of USSA teams attending competitions on the national quota, traveling with or as part of a competition trip organized by the USSA Staff, or attending any training camp or project as part of a USSA Group are required to abide by the USSA Code of Conduct.

**Additionally, team members agree to:**

- Pay in full the project fee before the first day of arrival of the project, unless a payment plan is worked out at the time that the team is named;
- Fully participate in the organized accommodations;
- Attend all team meetings and training activities on time and fully prepared;
- Observe any curfew established by the coaching staff;
- Not use or possess illegal drugs;
- Not illegally use or possess alcohol;
- Not use or possess alcohol in the team accommodations, the team vehicles, or in the presence of team members who are not of legal age;
- Reside in the room to which they are assigned and will share responsibility with their roommates for damages, cleaning charges, and rule violations that occur in the room when it is not possible to establish individual responsibility;
- Observe any additional rules established by the head coach of the project
- Be filmed and photographed and to have his/her image and voice otherwise recorded in any media by the USSA's official photographer(s), film crew(s), and video crew(s) and by any other entity authorized by USSA and grants to USSA the irrevocable, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media, Athlete name, likeness, picture, voice, and biographical information for: (1) news and information purposes; (2) promotion of USSA and the specific competitions in which Athlete competes; (3) promotion of USSA through its fundraising mission; and (4) to support USSA's educational and philanthropic efforts through the production of educational and training videos, DVDs and other media.

Violations of these rules may result in suspension from the team and in loss of the opportunity to participate in future teams or quota team preparation or competition projects.

**Agreement**

I, the undersigned USSA competitor, have reviewed these rules and the "USSA Code of Conduct," and agree to abide by it and all applicable rules and procedures during in my participation in any national training or competition project during the current season. I agree that a violation of the rules may result in my immediate suspension from a team, and in the loss of all team services including representation at Team Captains' and Jury meetings, training, housing, meals, and transportation. I realize that I will receive no refund for the unused portion of these services. If suspended, I will be prepared to make whatever arrangements are necessary in order to continue to compete in the event and/or return home. I realize that actions that are violations of the law may result in my arrest and that it will be my responsibility in such a case to notify my parents or legal guardians and/or to make such arrangements as may be necessary for my release and return home. This agreement shall be valid for all projects in the 2017-2018 training and competition season.

Athletes under 18 years of age must have the following section signed by either parents or legal guardians, if applicable. We, the undersigned, parents or legal guardians of the above Athlete, having read and understood the above, agree to allow our child to participate in USSA training or competition teams. We understand and agree that if our child violates these rules and procedures, he/she may be immediately suspended from the USSA project with the loss of all team services and without refund of fees paid. We agree that in any case where our child's actions result in his/her arrest, that sole responsibility for notifying us rests with our child and the local law enforcement officials, and that we, and not USSA, are solely responsible for such actions as may be required to secure his/her release and return home. This agreement shall be valid for all projects in the 2017-2018 training and competition season.

Athlete Signature \_\_\_\_\_ Athlete Name \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**USSA National Development  
2017-2018 Hold Harmless and Indemnity Agreement**

For and in consideration of the provision of ski racing instruction and training by USSA, I \_\_\_\_\_ (“Athlete”), and if athlete is under the age of 18 years, the parents or legal guardians of athlete, do hereby covenant and agree on behalf of ourselves, to hold harmless, release, defend, and indemnify USSA and any of its employees, or volunteer workers of and from any and all claims arising from athletes participation in USSA events, including, but not limited to racing instruction, racing competition, or traveling to and from races or training camps. We specifically represent that we have read and have understood that this release is intended to serve as a general release of all legal claims against USSA and USSA Alpine, is to be construed as broadly as possible in favor of USSA, and releases USSA from all claims, including, but not limited to, those arising from the negligence of USSA itself.

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

If Athlete is under the age of 18 years, a parent or legal guardian’s signature must be affixed here:

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

**USSA Insurance Policy**

FIS and USSA rules require that competitors be covered by valid and sufficient accident insurance. The racer must carry proof of this insurance and have it available at each race or camp so that prompt medical care can be obtained, if ever needed.

**Agreement**

We have read and understood the Insurance Policy statement. The insurance policy listed on the Medical Release meets the requirements of the USSA Insurance Policy and will be maintained in force while the competitor is involved in a USSA camp or team or while participating in any event on a USSA quota. We agree that we are responsible for any and all medical charges and we agree that we will promptly reimburse USSA for any expenses that they or their coaches incur on behalf of the competitor.

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date