The Role of the Team Physician

Gillian Honeyman PT SCS
Head Team Physical Therapist
US Snowboarding
Conflict of Interest Disclosure

Gillian Honeyman, PT SCS

Has no real or apparent conflicts of interest to report.
A. The Coaches

- Head Coach - responsible for the overall function of the team. All decisions go through him **

- Head Discipline Coach – head of specialty team within sport (ie XC or HP coach) **If HC isn’t there, he is takes on those responsibilities.

- Discipline Coaches – assistant and technical coaches within a sport.
The Team

B. Other Traveling Support Staff

- Team PT/ATC or Rotational PT/ATC
  
  USSA Sports Medicine Staff Member: responsible for medical management of team or short term volunteer: reports to Team PT/ATC

- Equipment Technicians

- +/- Strength Coach

- +/- Nutritionist

- Team Physician
The Team

C. USSA Support Staff

- Program Director
- Program & Team Managers
- Medical Director
- Rehabilitation Specialist
- Communications
- Marketing
- Foundation
- Administration Staff - accounting, membership etc.
The Team

D. The reason we are all here...

THE ATHLETES

Team sizes range from 4-20 depending on the event, the location and the level of competition
Levels of Competition

- Olympics (IOC)
  - Youth Olympics
- World Championships (FIS)
  - Junior Worlds
- Winter X Games
  - North America / Europe
- World Cup (FIS)
- US Snowboarding Grand Prix
- Private Tours
  - Dew Tour
  - BGOS
  - TTR
- Europa Cup / Nor Am
  - C & D Teams, NDS
The Role of the Team Physician

Advocate

Emergent Care

Injury Assessment / Plan
Upon Arrival:

- Track down the coaches & PT/ATC
- Athlete Review
- Medical Meeting & Emergency Action Plans
- Trauma Pack
Helpful Hints
Before you travel

- Please remember to first ask before bringing family/guests
- Please remember the team may not know where the FIS is lodging them specifically until a week prior to the event.
- Remember you are responsible for your transportation to and from the venue
- Check in with Team PT/ATC on supplies
- Touch base with the Head Team Physician & Medical Director
Helpful Hints
On Hill

- **Know** the Emergency Action Plan (EAP)
- **BE ON TIME**
- Again - Primary contact is Team PT/ATC
- Use good Radio Etiquette
- Know when our athletes are in the start order
- Set up for quick response
- Know where patrol is & introduce yourself.
Helpful Hints
Off Hill

• Please be available 24/7
• The Team PT/ATC will be your primary contact
• Attend all team meetings
• Please don’t ask for coaching from staff or tunes from technicians.
• HAVE FUN
USSA Staff will provide

- Support with medical care/medical decision making
- Up-to-date knowledge of Anti-Doping *
- Available 24/7 even if not at the race with you
- Assistance with communication/paperwork
- Information regarding radio protocol, location on course, athlete start order, etc
Within team emergency plan

• How to Proceed in the Case of Injury: Example Snowboard Cross
Coaches Locations:
Head Coach – start gate
Assistant Coach – on side of course
Team PT/ATC Location: Top of course
  MD Location: Top of course
Assistant Coach will notify MD, Team PT/ATC and Head Coach if someone goes down in bottom portion of the course.
MD will communicate with staff by radio when plan/ initial assessment is made (evac etc)
Injury Communication Protocol

- Minor Injury (level I-III)
  - First contact is to Kyle
  - This should happen as soon as possible, especially when dealing with a high-profile athlete
  - Kyle will notify necessary executive members
Major Injury (level IV)

1. Your first call is to Kyle – immediately
2. Coach/ PT/ACT needs to call Luke immediately
Required Paperwork

- Initial evaluation - PRESAGIA
- Insurance forms
  - Proof of loss
  - First Report of Accident
- 3rd party release

Please fax to PT/ATC or Medical Director within 24 hrs

Hard copies may be available in medical notebooks, please print a few before you go (can do electronic version if you have capability)
First Report of Accident

- Required for Athletes American Specialty Accident Policy to be activated.

- Requires USSA number and SSN

- Answer basic questions, sign and date
Proof of Loss

- To be completed by Athlete – please assist with this process

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<tr>
<th>Name &amp; Address of Injured Person:</th>
<th>Is injured person married? ☐ Yes ☐ No</th>
<th>Social Security #:</th>
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<tbody>
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<td>Is injured person a minor? ☐ Yes ☐ No</td>
<td>Date of Injury:</td>
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<tr>
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<td>Birth Date:</td>
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<thead>
<tr>
<th>Name &amp; Address of Injured Person's Employer:</th>
<th>Name &amp; Address of Parent's Employer:</th>
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<td>Mother:</td>
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<td>Father:</td>
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<tr>
<th>Name &amp; Address of Spouse's Employer:</th>
<th>Name &amp; Address of Parent's Employer:</th>
</tr>
</thead>
</table>

Activity participating in at time of injury:

Name/location of accident (please include city and state):

Describe injury (including part of body injured):

Describe how accident occurred:

Is injured person a full-time student? ☐ Yes ☐ No
If "yes," name of school attending:

Does injured person have medical insurance? ☐ Yes ☐ No
If "yes," name of company:

Does injured person have Medicaid coverage? ☐ Yes ☐ No

Does injured person have governmental funded insurance? ☐ Yes ☐ No

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AUTHORIZATION: I hereby authorize any physician, hospital, insurers, employers, group policyholders, and other persons who have information about the patient to furnish the insurance company providing coverage or its representatives or reinsurers any information requested. A photocopy of the authorization is to be considered valid.

Signature of injured person (or parent/guardian if a minor) Date

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PLEASE COMPLETE FORM AND RETURN TO: AMERICAN SPECIALTY INSURANCE & RISK SERVICES, INC.
POST OFFICE BOX 459
ROANOKE, IN 46783
TOLL FREE NUMBER: (800) 566-7941

DME 84036 Mutual of Omaha
What you can expect from us

To be treated like part of the team while you are there
3rd Party release

- This document clarifies what information that athlete wishes USSA to release in regard to the injury to the media and if applicable, which specific media sources.
Team Physician Event Evaluation Survey

http://www.surveymonkey.com/s/WJQWWQG

The team will also complete an evaluation to provide you with feedback as well.
Thank you

We really couldn’t do it without you.