

WEDNESDAY, October 25th

8:30AM	L200 Arrival	
9:00-10:00AM	L200 Lecture	
10-11:00AM		
11-noon		
noon-1PM	Lunch - on your own	1:00 PM -- L100 arrival
1-2PM	1:15PM - Hands-on Agility Session	1:15PM - Hands-on Agility Session
2-3PM		
3-4PM	L200 Lecture	L100 Lecture
4-5PM	Section 5 - 30 min/ Section 6 - 30min	
5-6PM	Training Plan - Group Hand-in Assignment	
6-7PM		
7-8PM	Dinner - on your own	Dinner - on your own

THURSDAY, OCTOBER 26th

8-9AM		L100 Hands-on technique
9-10AM	L200 Exam	
10-11AM		
11-noon		L100 Exam
noon-1PM	Lunch - on your own	Lunch - on your own
1-2PM	First Aid/ CPR Renewal Option	First Aid/ CPR
2-3PM		
3-4PM		